

What We Offer

The Introvert Space

Services Guide



Unlock the Power of Quiet Leadership

At The Introvert Space, we empower introverts to excel in their careers by providing expert-led workshops, coaching, and tailored programmes.

Whether you're an organisation looking to create an inclusive workplace or an individual seeking strategies to thrive, we offer insights and solutions designed with introverts in mind.



The Introvert Space leading a workshop for Communication Directors at the 2024 EACD

Who We
Are

— 2025

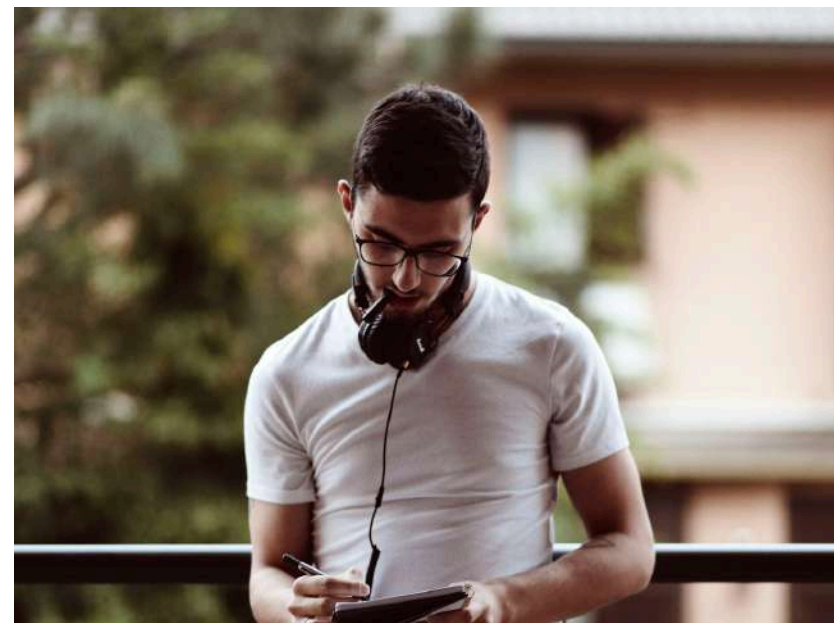
Our Story

“For years, as I navigated my own career, I often felt like the resources and support available were designed for a different personality type. That's why I founded The Introvert Space™ – to create a community and provide tools that truly empower introverts to thrive in the workplace and beyond. I believe deeply that introverts possess unique strengths that deserve to be recognised and celebrated.”

Richard Etienne, Founder



THE INTROVERT SPACE



Our Mission

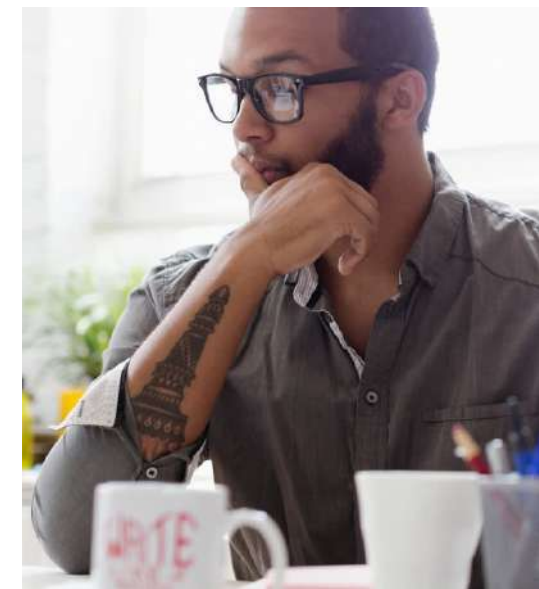


Helping introverts thrive

Equip introverts everywhere with the tools and strategies they need to succeed in today's evolving professional landscape whilst also working with organisations and educators to build more inclusive cultures that embrace different personality types.

What makes us unique

What sets us apart is our commitment to research-driven solutions. These findings, along with established research on introversion and neurodiversity, form the foundation of our services and resources. We don't just offer generic advice; we provide tailored strategies that address the real-world needs of introverts in today's evolving professional landscape.



Our Core Services



Keynote Speaking



Workshops & Webinars



Coaching & Mentoring



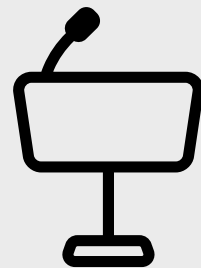
Retainer Package



Bespoke & Ready Made Toolkits



Service breakdown



Signature Speaking Package

- Bespoke keynote delivered in person or online (60–90 minutes)
- Custom content tailored to your audience
- International travel available
- Pre-event consultation
- Free follow-up workshop included for multiple bookings.

Virtual Keynote Package

- Online keynote (1–1.5 hours)
- Choose from five ready-made subtopics designed to inspire and empower
- Enjoy an interactive Q&A session to deepen insights

Workshop Package

- In-person or online interactive workshops (1–2 hours)
- Group discussions and personal development activities
- Creation of workshop material
- Post-workshop materials and optional follow-up sessions
- International travel available

Bespoke and Ready-Made Toolkits

- Ready-to-Use: Download practical toolkits like 'TIMI' and ebooks such as 'Self-Promotion for Introverts'.
- Tailored Solutions: Create bespoke toolkits and personalised books in digital or print to meet your specific needs.

Retainer Package

- Ongoing speeches, training, and consulting
- Exclusive client access and tailored content
- Regular strategy sessions for long-term impact.

Coaching & Mentoring Package

- One-on-one coaching sessions tailored to individual needs (e.g., career growth, leadership skills, personal branding).
- Personalised mentoring from Richard Etienne or a member of his team.
- Actionable strategies and resources to support personal and professional development.
- Flexible scheduling and virtual session options.

What Others
Are Saying

Testimonials



Hosting a keynote address for Mews, in Prague, Czech Republic



**Nicola Barron, Co-founder and Director at
MDMB Creative**

"I've worked with Richard at both the Guardian and the Standard, where he delivered exceptional masterclasses on introversion and personal branding. His sessions are insightful, engaging and deeply impactful. Richard creates a safe space for attendees, ensuring they leave feeling stronger and more self-assured. A truly outstanding speaker and educator."



Testimonials

**Iris Hofmann, Head of Operations,
University of Oxford**

"It was an honour to host Richard at the University of Oxford for a full day of workshops and seminars. His personal branding and confidence-building advice resonated deeply with our introverted staff and students. Richard's approachability and authenticity made him a true ally for diversity and inclusion. We hope to welcome him back soon."

As trusted by:



HM Government

**The
Standard**



Your Next
Step

The Introvert Space —

Get In Touch



+447872833998
info@theintrovertspace.com
theintrovertspace.com